



## Unwanted gifts sought by group for homeless

Your unwanted presents could help give hope to the homeless.

Anchor House, the charity for the homeless, wants people to donate their unwanted Christmas gifts so that they can be sold to pay for a room for someone who needs shelter. This year 35,680 households in the UK were deemed homeless - without food, shelter and support.

Alternatively, people can also sell their own items and choose Anchor House to receive a donation from the proceeds.

Anchor House is a registered charity with a base in Barking Road, Canning Town, providing accommodation for up to 180 single homeless people each year.

It also provides a wide range of accredited vocational training courses in construction, electrical, plumbing and distance learning for both residents and the local community.

Each quarter the centre attracts 2,500 visitors using its services.